

# 2023

## THE IMPACT ON THE LOWCOUNTRY

Everyone who needs help or seeks help deserves to receive it. At NAMI Lowcountry, we aim to connect our community with support, education and advocacy.

### Mental Health By the Numbers

Lowcountry WALKS.



25+ TEAMS

118+ REGISTRANTS

25K+ SPONSORSHIP DOLLARS GROWING



4,045

PARTICIPANTS SERVED

615

COMMUNITY OUTREACH (Monthly Impact)

### Lowcountry Services Support



76

CONNECTION Recovery Support Group (# of groups)



42

CIT CRISIS TRAINING (Participant Impact)

43

FAMILY Support Groups (# of groups)



24+

IN OUR OWN VOICE (Participant Impact)



39

FAMILY-TO-FAMILY Education Program (Participants Impact)



1817

PRESENTATION IMPACT (Participant Impact)



108 Helpline Calls

Top Reasons were inquiries about healthcare, mental health services, housing, NAMI Programs

42

VOLUNTEERS actively attending events at the local Farmer's Market, volunteer fairs and other outreach events to educate our community and further our mission.

FACILITATORS who have been trained to lead support groups.

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Join the Conversation [www.namilowcountry.org](http://www.namilowcountry.org) • 843-636-3100

Our Vision provides information, support, and education to individuals, families and caregivers affected by mental health conditions in our five-county service area.

